	ANC Foster Pty Ltd Safety Management System		Doc No:	THERMAL
			Initial Issue Date:	27 Apr 2010
<b>HEAT &amp; COLD</b>			Revision Date:	Initial Version
			Revision No.:	0
Preparation: Safety Mgr			Next Revision Date:	27 Apr 2011
Authority: Director		Issuing Dept: Safety	Page:	Page 1 of 2

## Purpose

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The purpose of this program is to address control measures to protect employees from heat and or cold stress.

## Scope

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This program applies to all employees. When work is performed on a non-owned or operated site, the operator's program shall take precedence, however, this document covers ANC Foster employees and shall be used on owned premises, or when an operator's program doesn't exist or is less stringent.

## Responsibilities

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### Operations Manager

It is the responsibility of the work site operations manager (designated competent person) to implement this program.

### Supervisor

The Supervisor shall ensure that all employees follow the requirements of this program and enforces its requirements.

### Employees

Employees shall follow the requirements of this program and notify their supervisor of any possible exposure concerns or issues.

## Procedure

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Employees exposed to a hot working environment must be provided with:

- Adequate ventilation and air movement is provided in indoor environments that may become hot and
- Appropriate work and rest regimes relative to the physical fitness, general health, medication taken and body weight of each employee exposed to heat are implemented.

Employees exposed to a cold working environment must be provided with:

- Employees exposed to cold have adequate access to heated or sheltered work areas and warm clothing or other personal protective equipment and
- Appropriate work and rest regimes relative to the physical fitness, general health, medication taken and body weight of each employee exposed to cold be implemented by ANC Foster.

If a worker is or may be exposed ANC Foster must provide and maintain an adequate supply of cool potable water close to the work area for the use of a heat exposed worker. If a worker shows signs or reports symptoms of heat stress or strain, the worker must be removed from the hot environment and treated by an appropriate first aid attendant, if available, or by a physician.

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If a worker who is or may be exposed to cold must wear adequate insulating clothing and personal protective equipment. If ice crystals present a risk of injury to the eyes workers must wear eye protection appropriate to the hazards.

If a worker exposed to cold shows signs or reports symptoms of cold stress or injury the worker must be removed from further exposure and treated by an appropriate first aid attendant, if available, or a physician.

## Training

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Where an employee is exposed to work conditions that may present a hazard because of excessive heat ANC Foster shall ensure that a competent person instructs the employee in the significance of symptoms of heat stress such as heat exhaustion, dehydration, heat cramps, prickly heat and heat stroke and in the precautions to be taken to avoid injury from heat stress.

Where an employee is exposed to work conditions that may present a hazard because of excessive cold ANC Foster shall ensure that a competent person instructs the employee in the significance of symptoms of cold stress such as severe shivering, pain in the extremities of the body and reduced mental awareness, and in the precautions to be taken to avoid injury from cold stress.

All training shall be documented.